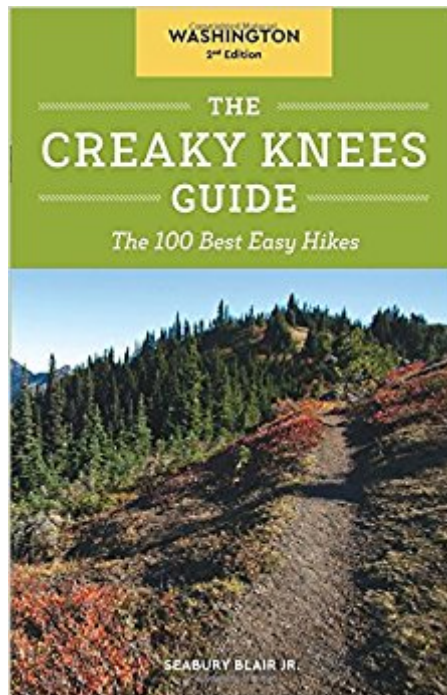




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The Creaky Knees Guide Washington, 2nd Edition: The 100 Best Easy Hikes



Synopsis

This day-hiking guidebook features the best 100 low-impact trails in the state from the Olympic Peninsula and Mount Rainier National Park to Eastern Washington. Written in an informative style that will appeal to anyone, regardless of age, the guide covers hikes in 10 regions throughout the state as well urban hikes and walks. Each trail description includes elevation gains, including a topographical map; clear, up-to-date driving directions; mileage and estimated hiking time; trail conditions; and more. Creaky Knees hiking guides are perfect for aging baby boomers, seniors, those traveling with small children, and anyone else interested more in a stroll than a climb.

Book Information

Series: Creaky Knees

Paperback: 320 pages

Publisher: Sasquatch Books; 2nd ed. edition (April 25, 2016)

Language: English

ISBN-10: 1632170094

ISBN-13: 978-1632170095

Product Dimensions: 5.5 x 0.7 x 8.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 10 customer reviews

Best Sellers Rank: #97,091 in Books (See Top 100 in Books) #5 in Books > Travel > Specialty Travel > Senior Travel #197 in Books > Sports & Outdoors > Hiking & Camping > Excursion Guides #232 in Books > Travel > United States > West > Pacific

Customer Reviews

"[The Creaky Knees Guide will] help you get started in exploring the Evergreen State." "The Columbian" "You'll soon find that these will be your go-to guides for enjoyable jaunts in the great outdoors." "Trailblazer Girl

Seabury Blair Jr. spent many years as the outdoor columnist for the Kitsap Sun newspaper. He is the author of The Creaky Knees Guide Washington and two guides in the Day Hike! series: Day Hike! Olympic Peninsula and Day Hike! Columbia Gorge.

Can't wait to go to some of these places listed, perfect for us old time hikers!!

This book is ideal for those of us over the age of 50 who like to get out and hike the trails that are a bit less challenging. It has the usual topographical maps, gain and loss, conditions and time estimates. It is smaller than the Regional Hiking Series books. It doesn't weigh much at only 12 ounces. The hikes are throughout the state and span both the Olympics and Cascades along with other lowland trails.

Nothing you can't find online , and it's missing lots of really good trails I've been on with my creaky knees.

My husband hates this LOL! every weekend I want to go somewhere new, we are middle to older age and we love these wish we bought this sooner!

A USEFUL plus fun and funny book to give and to receive for those of us who are aging and want to hike around our beautiful local Pac NW!

Great book for good choices for adventures highly recommend

very informational

perfect

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